



SEW 4 ZERO WASTE GROUP

ARE YOU PLASTIC BAG FREE?

WOULD YOU LIKE TO BE INVOLVED IN OUR GROUP?

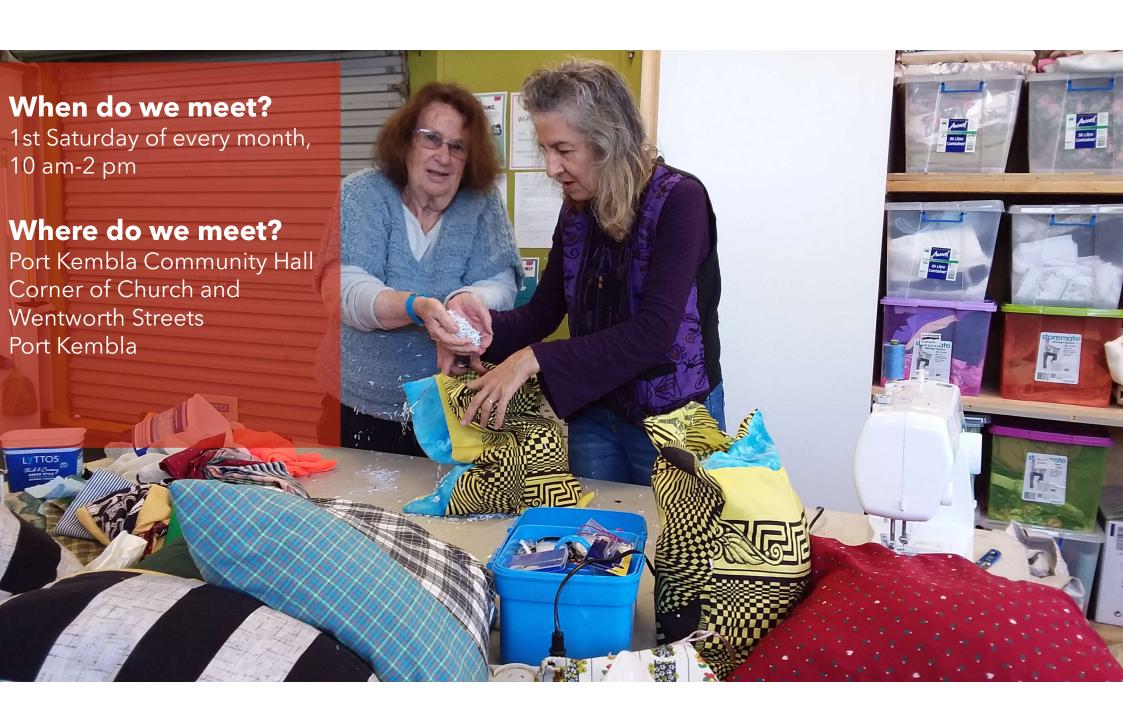


## WHO ARE WE?

We are a group of 3 women volunteering our time to sew donated fabrics into shopping bags of different sizes. Sew4ZeroWasteGroup was established in 2011 by a group of volunteer people that wanted to rid the environment of single-use plastic bags.

Our group is part of The Port Locals groups under the umbrella of OCP (Our Community Project) Port Kembla Community Centre.

We donate money made from selling our bags to Australian Seabird Rescue South Coast.





## WHAT DO WE DO?

We teach how to use a sewing machine, read a pattern and cut fabric on folds for dressmaking.

We sew buntings and other useful items.

We cut donated fabrics and sew them into quirky, fashionable looking shopping bags of all sizes for sale from \$3-\$15 depending on the style(including lace veg & fruit bags with drawstrings).

We sew and stuff cushions for Tender Funerals Illawarra and fill them with recycled shredded paper, cardboard, fabric scraps and threads, dry lavender, rose petals and herbs. Every month we also offer a "Learn to Sew Your Own Bag" for \$10.00 each or just "Learn to Sew".

All adults are welcome.
Fabric, thread and sewing machine to use or you could bring your own.

Learning to sew in group with likeminded people will relieve stress and stimulate the mind to be creative.

Don't be shy! Give it a Go!

## CONTACT

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