

Community Centres		
Balgownie Village Community Centre Address: 113 Balgownie Rd, Balgownie Office Hours: Monday to Friday, 9:00am- 5:00pm Telephone: 02 4285 3225 Website: <u>https://www.balgowniecommunitycentre.org.a</u> <u>u/</u>	Current groups are: - Figtree Handweavers & Spinsters - Italian Women Exercise Group - CWA - Finch Society - Wollongong Church of God - Agricultural Society - Illawarra Quilters - Illawarra Shooting Association We provide children activities for the community, exercises and rooms for hire	
Bellambi Neighbourhood Centre Address: 49A Cawley St, Bellambi Office Hours: 9:00am-3:00pm Monday to Friday Telephone: 02 4285 3055 Web: <u>http://www.bellambinc.org.au/</u>	<ul> <li>Services: <ul> <li>Needle Exchange</li> <li>EAPA Vouchers</li> <li>Broadband for Seniors: (Over 55 improve technology skills) Monday and Friday 9-12</li> <li>Kids Breakfast Program: (free meal to school aged children, young people and parents) Breakfast at 7:30-8:30 on school days for students, recess and lunch provided if asked</li> <li>Community Lunch: Wednesdays 12-1 during term time</li> <li>Bellambi Pantry: discounted and/or free fruits, vegetables, bread and groceries, 9:30-1:00 on Tuesdays, Thursdays, Fridays, and 9:30-1:30 on Wednesdays</li> <li>Work and Development Orders</li> </ul> </li> </ul>	
Cringila Community Co-operative Address: 32-40 Lake Ave, Cringila NSW 2502 Australia Phone: 4274 4033	<ul> <li>Services:         <ul> <li>Provides information, referrals, casework, advocacy, social inclusion programs, school holidays programs and early childhood education through its Southern Suburbs Mobile Preschool and Multicultural Playgroup</li> <li>Provides these services to adults aged 25-under 65, adults aged 65+, early childhood aged under 6, families, financially disadvantage people, migrants, refugees or asylum seekers, people from CALD backgrounds, people with disabilities, and the general community</li> </ul> </li> </ul>	
Corrimal District Library and Community Centre Address: 15 Short Street, Corrimal Phone: (02) 4227 8180 Phone numbers for individual events can be	Services and Events: Children's Activities Health and Support: - Early Childhood Health Centre - Italian Social Welfare - Illawarra Financial Counselling Service	



found on:	Hobbies and Social Crowns
	Hobbies and Social Groups: - Corrimal CPSA: activities for over 55s
https://www.wollongong.nsw.gov.au/my-	- Older Women's Network
community/get-involved/activities-at-our-	- Corrimal Probus Club
<pre>community-centres/accordions/corrimal-</pre>	
activities	- Library Bookchat Lifestyle and Exercise:
	<ul> <li>Yoga</li> <li>Weight Watchers</li> </ul>
	- Zumba
	Religion and Faith:
	- United Church of God
	- Life Centre Church
	- New Apostolic Church
Fresh Start Mission	Services:
Website:	<ul> <li>A trailer unit with three hot water private shower, six clothes washing machines and dryers, and a full kitchen</li> </ul>
https://www.freshstartmissions.com.au/	
Email: hamilton@freshstartmissions.com.au	- Aim to provide each person with a small toiletry pack
Facebook: Fresh Start Missions	comprising of; soap, shampoo, conditioner, toothbrush and toothpaste along with a fresh towel
	<ul> <li>Facebook page regularly updates the location of the trailer</li> </ul>
	trailer
Orange Sky	Services:
Website: <u>https://orangesky.org.au/</u>	A regular laundry and shower service that also provides
Phone: (07) 3067 5800	an opportunity for users of the services to chat with
Phone. (07) 5007 5800	volunteers
	24 locations across Australia
	Provides laundry services in Wollongong, Port Kembla,
	Warrawong, Unanderra and Lake Illawarra
	Times and Locations:
	<ul> <li>Port Kembla: Weekly on Monday at Darcy house at 9:30am-12:30pm</li> </ul>
	- Wollongong: Weekly on Monday at St Marks
	Community Kitchen at 4:00pm-6:00pm
	- Warrawong: Weekly on Tuesday at Warrawong
	Centre at 10:30am-1:00pm
	- Unanderra: Weekly on Wednesday at Unanderra
	Community Centre at 11:00am-1:00pm
	- Wollongong: Weekly on Wednesday at Salvation
	Army Wollongong at 6:00pm-8:00pm
	- Wollongong: Weekly on Thursday at Wesley
	Community Care at 10:00am-1:00pm
	- Wollongong: Weekly at Lighthouse Church at 4:30pm-
	7:00pm
	- Lake Illawarra: Weekly on Friday at Shellharbour
	Assist
	/ 100101



	<ul> <li>Times and locations for other regions can be found on website</li> </ul>
Playgroup NSW Address: Level 1, 62 Burwood Rd, BURWOOD NSW 2134 Website: <u>https://www.playgroupnsw.org.au/</u> Phone: 1800 171 882 (in NSW) or 02 9684 9500 Email: <u>admin@playgroupnsw.org.au</u>	<ul> <li>Service:         <ul> <li>For babies, toddlers and pre-school aged children accompanied by mothers, fathers, grandparents, nannies or other carers</li> <li>800 playgroups in NSW, most are community playgroups through there are also facilitated playgroups and peer support groups for families with particular needs</li> <li>Community Playgroups that satisfy specific needs</li> <li>Locations of individual Playgroups can be found on the website</li> </ul> </li> </ul>
St Marks Community Kitchen Address: 429 Crown Street, Wollongong, NSW, 2500 Phone: (02) 4225 8622 Email: office@stmarksww.org.au	<ul> <li>Services:</li> <li>Food and Friends: Monday at 5:00pm provides groceries and a meal (best to arrive before 5:30pm)</li> <li>Mobile Community Pantry location: Every second Monday, start 10<sup>th</sup> Feb, (excluding public holidays) at 4:00pm-5:00pm, \$10 for a bag of groceries</li> <li>Community Garden</li> <li>Children's Ministry: <ul> <li>Mad Youth</li> <li>Young Adults Ministry</li> <li>Junior Jives Playgroup Wednesday mornings from 9:30am-11:00am</li> </ul> </li> </ul>
Warrawong Community Centre Address: 9 Greene St, Warrawong Office Hours: 10:00am-5:00pm Monday-Friday, 1:0pm-4:00pm Saturday Telephone: 4275 1875 Email: wcp@1earth.net Information for individual events, including individual phone numbers, can be found on the website: <u>https://www.wollongong.nsw.gov.au/my- community/get-involved/activities-at-our- community-centres/accordions/warrawong- activities</u>	<ul> <li>Services and events: <ul> <li>Provide support, referral, advocacy and information.</li> <li>Men's Group</li> <li>KLAW Youth Group</li> <li>Free community lunch (Tuesday, Wednesday, Thursday 11.30am-12.00pm)</li> <li>Fitness and Meditation</li> <li>Family Wollongong Church</li> <li>CRAFT Group</li> <li>Other services and events can be found on the website</li> </ul> </li> </ul>
Wesley Community Centre Address: Court Lane, Wollongong (Behind Wesley Church) Open: 11:00am (10:00am on Tuesdays) to 1:00pm	<ul> <li>Services:</li> <li>Morning tea served Tuesday-Friday from 11:00am (10:00am on Tuesdays)</li> <li>Lunch every week day</li> <li>Food parcels (blankets and clothing when available as well)</li> </ul>



To build vibrant, creative and resourceful communities that value people and the planet.

Telephone: 4229 2117	<ul> <li>Board games and card games from 10:00am on Tuesday mornings</li> <li>When circumstances allow it, also provide basic skills training e.g. How to write a letter, how to work in a kitchen</li> </ul>
Unanderra Community Centre Website: http://www.ufara.org.au/ Phone: 4271 2213 Email: unanderracc@gmail.com Address: Cnr Factory Rd & Princes Hwy, Unanderra. NSW. Australia. 2526 Office Hours: 9 am to 2.30 pm Monday to Thursday	Services/Programs:Free Computer Help for Seniors:-Mondays 1:30-3:00pm-At Unanderra Community Centre in Small Hall-Free drop in sessions (no appointments needed)-Bring your own device or use one providedDiscover Playgroup:-Tuesdays at 10:45am-At Unanderra Community Centre-An informal gathering for parents, carers, babies and children up to school age-Phone: 1800 171 882-Website: www.playgroupnsw.org.auOrange Sky Mobile Laundry:-Free mobile laundry service available at Unanderra Community Centre on Wednesdays from 11:15am- 2:00pmUnanderra Youth Project:-8-18 year olds-Tuesday, Wednesday, Thursday 3:00-5:00pm-At Unanderra Community Centre-Offers fortnightly swimming, sports equipment, computer and internet, cooking, workshops, help with home workFitness Groups:-Yoga-Zumba-Vi Fit-Seniors Activity Group