



MEN'S GROUP

The Port Kembla Men's Group is a diverse group of men who gather at the Port Kembla Community Centre every Wednesday from 9 AM to 3 PM to drink coffee, do some gardening, woodwork/metalwork projects, or just visit and catch up. They also do projects to help others in the community.

PORT KEMBLA MEN'S GROUP

- ◇ Our Mission is to create a social club that supports Men to live healthy, active, happy & fulfilling lives
- ◇ Our Purpose is to explore the roles and responsibilities that we can take on as Men to support each other, our community and our environment.
- ◇ Our Goal is simply to support Men to have an enjoyable day & strive to make life better
- ◇ Our Motto: Men Mentoring Men

Who we are.... The Port Kembla Men's Group was established in February 2007. We are a group of men from diverse social and cultural backgrounds working together to create a place for men to get together and socialise, build friendships, share & learn new skills, and enjoy life.



What we do....

For some, it's relaxing into a great conversation over a cup of coffee. To others it's getting creative in the kitchen cooking up a delicious lunch to share. Or firing up the wood fired bread oven & baking bread and pizzas.

Then there are those who love getting into the garden or doing something in the workshop. A game of chess?....
It's up to you!



What we really do reflects what people are interested in & enjoy doing. The main objective is about getting out of the house, meeting up with different people, doing something positive, & contributing to help create an enjoyable day.



How we do this is simple. Each week, first thing, we get the café fired up and have a great espresso coffee. It's a good way for us to catch up and provides a welcoming atmosphere for any new men thinking about getting involved. Cooking and sharing a meal together has become one of the most important aspects of the day.



However, we don't just sit around talking
over coffee and food.

We are on a mission to
improve our workshop, art
studio, and vegetable gardens.
So that those men who like to
do building or art projects
have got a space to be creative
& constructive.



When we meet.....



Day: Every Wednesday

Time: 9.00am to 3.00pm

Place: Port Kembla Community Centre,
cnr Church and Wentworth Streets,
Port Kembla

Drop in anytime for a free lunch &
cuppa to find out more.

MEN! We Want You!



- ▮ Help solve the world's problems
- ▮ Team building exercises
- ▮ Share and Gain knowledge
- ▮ Participate in community and individual projects
- ▮ Prepare and feast on foods from around the world
- ▮ Get involved with gardening, planting and harvesting different produce.
- ▮ Have a good chinwag and tell tall stories with a great bunch of blokes.

How we fund it...



We support ourselves by various activities and projects. To assist the running costs of the day we encourage members of the group to contribute \$2 to cover the costs of lunch.



For more information contact Port Kembla Men's Group .
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